



INSTRUCTIONS FOR USE

TO PREPARE YOUR TIMER

1. Remove clear tab from battery compartment
2. Clear display by pressing **MIN** and **SEC** buttons together, display will now show "00:00"

TO USE YOUR TIMER TO COUNT DOWN

1. Set the desired time by pressing the **MIN** and **SEC** buttons
2. Or you can set the time by holding down **MIN** or **SEC** button for 3 seconds, the number will automatically advance
3. Press **START/STOP** button to start timing
4. When time runs out, the timer will start making a beeping sound

TO USE YOUR TIMER TO COUNT UP

1. Press **MIN** and **SEC** buttons together, display will show "00:00"
2. Press **START/STOP** button to start the counting

TO STOP ALARM

Press **START/STOP** button

TO CLEAR DISPLAY

Press **MIN** and **SEC** buttons together anytime, display will show "00:00"

TO PAUSE YOUR TIMER

1. While it is counting down/up, press the **START/STOP** button once
2. Press the **START/STOP** button again to continue counting down/up



WARNING



THIS PRODUCT CONTAINS A BUTTON/COIN CELL BATTERY

Do not ingest battery. If the coin/button cell battery is swallowed, it can cause severe internal burns in just 2 hours and lead to death.

Keep new and used batteries away from children. If the battery compartment does not close securely, stop using the product and keep it away from children.

If you think batteries might have been swallowed or placed inside any part of the body, seek immediate medical attention.